

2023-24 Swimming State Standards

Girls State Swimming-16th Place Qualifying Times

Event	2021	2022	2023	2023-24 State Standard
200 yd. Medley Relay	01:49.01	01:49.49	01:48.87	01:49.12
200 yd. Freestyle	01:54.27	01:53.27	01:54.76	01:54.10
200 yd. Individual Medley	02:08.06	02:09.59	02:07.36	02:08.34
50 yd. Freestyle	00:24.17	00:24.13	00:24.27	00:24.19
100 yd. Butterfly	00:57.38	00:57.45	00:56.75	00:57.19
100 yd. Freestyle	00:52.94	00:52.14	00:52.78	00:52.62
500 yd. Freestyle	05:07.18	05:10.05	05:07.66	05:08.30
200 yd. Freestyle Relay	01:39.11	01:39.61	01:38.67	01:39.13
100 yd. Backstroke	00:57.22	00:57.27	00:57.67	00:57.39
100 yd. Breaststroke	01:05.94	01:05.72	01:06.06	01:05.91
400 yd. Freestyle Relay	03:34.93	03:36.24	03:38.22	03:36.46

Boys State Swimming-16th Place Qualifying Times

Event	2021	2022	2023	2023-24 State Standard
200 yd. Medley Relay	01:37.76	01:36.98	01:36.10	01:36.95
200 yd. Freestyle	01:42.78	01:42.99	01:41.74	01:42.50
200 yd. Individual Medley	01:55.47	01:55.03	01:55.84	01:55.45
50 yd. Freestyle	00:21.17	00:21.46	00:21.45	00:21.36
100 yd. Butterfly	00:50.57	00:50.97	00:50.93	00:50.82
100 yd. Freestyle	00:46.57	00:47.08	00:47.13	00:46.93
500 yd. Freestyle	04:42.62	04:42.35	04:40.42	04:41.80
200 yd. Freestyle Relay	01:28.14	01:27.21	01:27.86	01:27.74
100 yd. Backstroke	00:52.26	00:52.02	00:52.00	00:52.09
100 yd. Breaststroke	00:58.07	00:58.18	00:57.74	00:58.00
400 yd. Freestyle Relay	03:13.81	03:13.81	03:13.78	03:13.80

